

# Is electricity making you ill?



The number of people going to the doctor with skin complaints has risen sharply in recent months and a common cause seems to be low energy light bulbs. In March of this year Dr Robert Sarkany a Consultant Dermatologist at King's College, London said this "I am seeing regular handfuls of patients who are complaining of skin allergies, after fitting low energy bulbs as are my colleagues", and across the atlantic Dr Larry Newman a senior Neurologist at the headache institute in New York is reporting a high incidence of patients with migrains after fitting the bulbs and says "there is something about these bulbs that is causing headaches". Common symptoms are severe stinging, burning and itching of the skin, along with red rash and migrains. Sarkany says "We don't understand these symptoms well yet, but they do exist. I think it would be perfectly reasonable for people who suffer these very serious problems to still have access to traditional bulbs."

When the new energy-saving lightbulbs became compulsory the change in the law attracted controversy because they emit ultraviolet light and contain mercury. UV light is an irritant to people with certain medical conditions and mercury is a well-recognised poison.

CFL's produce high levels of radio frequency radiation "**dirty electricity**", which in turn adversely affect health, such as muscle and joint pain, headaches, nausea, sleep disorders, respiratory problems, rashes along with anxiety and depression now suggests that the increase in skin problems is caused by the 'dirty electricity' produced by the bulbs.

Dr Magda Havas is an Associate Professor of Environmental and Resource Studies at Trent University in Canada and does research on electromagnetic pollution. She would comment as follows "Not all energy efficient bulbs are the same. Some do not contribute to dirty electricity and do not produce radio frequencies and this includes a few compact fluorescent lights, some LEDs (light emitting diodes) and some halogen bulbs. Unfortunately most of the bulbs on the market will cause high levels of dirty electricity which will make people sick."

Dr Havas encourages anyone who has recently purchased energy efficient bulbs and has since developed any of the above symptoms to test the bulb for radiation with a portable radio and if the radio buzzes to return the bulb to the retail store for a full refund although other appliances and your neighbours bulbs may be polluting your

wires so everyone should check their dirty electricity levels ([www.wireless-protection.org](http://www.wireless-protection.org)) especially if the symptoms continue.

The problem of dirty electricity has got a lot worse in recent years because of the proliferation of modern household appliances such as lap tops and cordless phones which use switch mode power supplies (AC Adaptors) that create dirty electricity, as they like low energy light bulbs they “chop up” the electric signals, which produces power ‘spikes’. This energy has nowhere to go except into the indoor environment. With compact fluorescent lightbulbs throughout buildings, that overload has greatly increased.

While it is still a minority of people who are known to be affected by dirty electricity in the home, it is likely that many more are suffering as symptoms are often non-specific and their cause is not recognised by family doctors.

Research in Canada and the US, where the problem of dirty electricity is better recognised, suggests that it can cause or exacerbate a whole range of diseases, from diabetes and multiple sclerosis to insomnia and depression.

According to Dr Havas, ‘Many of the disorders we have looked at are becoming much more common, especially among children, and doctors now agree that there is likely to be an environmental component to that. The evidence of a link to dirty electricity is mounting by the day.’

Fortunately, there is a solution to the dirty electricity in your own home.

Micropulse filters designed and manufactured in the UK neutralise the dirty electricity by smoothing out the spikes. Wireless-Protection.org says results have been immediate. ‘So far all the people who have installed this filtration system have reported health benefits, from improved sleep to disappearance of skin problems.’ says Glynn Hughes who suffered himself with irritability, mood swings and erratic sleep patterns before inventing the filters.

In a recent test using dirty electricity monitors, the high levels recorded when a CFL lightbulb was switched on all dropped dramatically when an electricity filter was used



Hughes is so convinced of the efficiency of the filters in neutralising the effects of dirty electricity that he offers a money-back guarantee if consumers don't experience real physical benefits. ‘So far everyone has reported health benefits so no one has asked for a refund.’

For further information please visit our website [www.wireless-protection.org](http://www.wireless-protection.org) or telephone us on 01772 614177